

ITEM 22
 WTC 29/08/19

TOPIC	COURSE CONTENT	PROPOSED DATES / VENUES	COST MEMBERS
<p>The Effective Councillor</p>	<p>Module 1 This session is ideal for new councillors who need to gain an understanding of best practices and new legislation.</p> <p>Module 2 This is for new councillors who have completed module 1 and existing councillors who want to gain a more in depth knowledge of what a council should be doing and achieving.</p> <p><u>Course Objectives</u></p> <p>To understand the roles and responsibilities of the councillor, the chairman, the clerk and the whole council within the current legal framework.</p> <p>To understand the General Power of Competence and the Budgeting Process.</p> <p>To acquire a basic understanding of financial /business planning and how to develop a parish plan.</p>	<p>Module 1 10th September 6.00 to 8.30pm New College, St Bees, Whitehaven</p> <p>Module 2 17th September 6.00 to 8.30pm New College, St Bees, Whitehaven</p> <p>Module 1 14th October 1.30 to 4pm Helsington Village Hall, Kendal</p> <p>Module 2 28th October 1.30 to 4pm Helsington Village Hall, Kendal</p> <p>Module 1 12th November 6.00 to 8.30pm Wetheral Community Centre, Carlisle</p> <p>Module 2 19th November 6.00 to 8.30pm Wetheral Community Centre, Carlisle</p> <p>Module 1 3rd December 1.30 to 4pm Methodist Church, Penrith</p> <p>Module 2 11th December 1.30 to 4pm Methodist Church, Penrith</p>	<p>£80.00</p> <p>For both Modules</p> <p>£45 per course if booked individually</p> <p>Cost for Non-members</p> <p>£120</p> <p>For both modules</p> <p>£65 per course if booked individually</p>



GRANT APPLICATIONS

Purpose of the Report

For members to consider the following grant applications from Greenbank Community Association, Parish of Whitehaven (St Nicholas), Safety Net (UK), Whitehaven Community Trust, The Colourful North and 1030 (Whitehaven) Squadron Air Training Corps and to decide the amount of grant to be awarded if any.

1.0 Grant Application from Greenbank Community Association

Applicant: Greenbank Community Association

Amount Applied For: £500.00

Total cost of Project: £4700.00

Purpose of Project: To provide a play scheme during the Summer School Holiday for between 60-80 children from deprived areas which helps combat petty vandalism and anti-social behaviour.

This grant could be awarded under section 19 Local Government Miscellaneous Provisions Act 1976.

This application was deferred at the Full Council meeting held on 25.07.2019.

2.0 Grant Application from Parish of Whitehaven (St Nicholas)

Applicant: Parish of Whitehaven (St Nicholas)

Amount Applied For: £1000.00

Total cost of Project: £2364.00

Purpose of Project: St Nicholas Tower has been subject to an increased presence of groups and individual's intent on unruly and anti-social behaviour which has culminated in staff being subjected to verbal abuse and threats. The grant would be used towards the cost of installing external CCTV camera's and monitoring/recording equipment.

This grant could be awarded under section 31 Local Government and Rating Act 1997 for the detection or prevention of crime.

This application was deferred at the Full Council meeting held on 25.07.2019.

3.0 Grant Application from Safety Net (UK)

Applicant: Safety Net (UK)

Amount Applied For: £1000.00

Total cost of Project: £30580.00

Purpose of Project: Safety (Net) supports the recovery of those affected by sexual/domestic abuse and the grant would be used to continue to employ an Integrated Support Worker to support children and adults from Whitehaven and the surrounding area.

This would include the ongoing work at Whitehaven Academy and helps to reduce the number of West Cumbrians going on a waiting list. In 2018/2019, 156 people from West Cumbria were supported with 41 of those being from Whitehaven.

This grant could be awarded under section 111 Local Government Act 1972.

4.0 Grant Application from Whitehaven Community Trust

Applicant: Whitehaven Community Trust

Amount Applied For: £1000.00

Total cost of Project: £1000.00

Purpose of Project: To purchase bedding, towels and consumable items for young persons in their supported accommodation. The items are constantly having to be replaced due to wear and tear and they items are also offered to young person's leaving the accommodation to set up on their own.

This grant could be awarded under section 111 Local Government Act 1972.

5.0 Grant Application from The Colourful North

Applicant: The Colourful North

Amount Applied For: £1000.00

Total cost of Project: £5000.00

Purpose of Project: To commission a mural with the Greenbank Community showcasing the wishes of the Greenbank Community through a consultation process. The wall has been an industrial blank canvas which lacks colour and creativity enabling the Community to have autonomy over re-decorating their social spaces which re-claims them from the lack of economic investment, deterioration and social exclusion.

This grant could be awarded under section 19 Local Government Miscellaneous Provisions Act 1976.

6.0 Grant Application from 1030 (Whitehaven) Squadron Air Training Corps

Applicant: 1030 (Whitehaven) Squadron Air Training Corps

Amount Applied For: £1000.00

Total cost of Project: £8394.00

Purpose of Project: To purchase Mobile Team Challenge equipment and training. The equipment will enable them to deliver more effective leadership training to the cadets and importantly the staff training will ensure the equipment is being used most effectively and to its full potential. The bag contains an assortment of items that enable 136 different activities, the facilitator training will be delivered on site for up to 12 volunteers.

This grant could be awarded under section 19 Local Government Miscellaneous Provisions Act 1976.

7.0 Budget Implications

Members are reminded that the budget for grants in 2019/2020 is £10,000.00 and to date grants totalling £5289.50 for 2019/2020 have been awarded.

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WHITEHAVEN TOWN COUNCIL

Application Form: Organisation Details Sheet

Please complete the details below where applicable for your group/organisation

Name:	Patricia Ann Maudling
Group/Organisation:	Greenbank Community Association
Correspondence Address:	
Charity Registered Address: (if different)	
Charity Number or Copy of Constitution	1049820
Contact Tel. No.	
Fax No.	
Mobile Tel No.	
E-mail Address:	
Bank Branch Address:	
Bank Account Name:	
Bank Account No:	
Sort Code:	
Website:	
How many staff involved:	0
Copy of annual Accounts attached:	attached
Registered signatory:	Mrs P.A Maudling, Mrs P Todd, Mrs P Schofield
Date:	28/5/19

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

Funding Application Form

1a. What is the value of the grant you are applying for? (minimum grant £100 maximum £1,000 except if approved by resolution at full council)

500

1b. Tell us about your project

Each summer during the long summer holidays we hold a summer play scheme which most of the children on the estate attend and thoroughly enjoy. The play scheme is a very important activity in our yearly calendar. We cater for between 60-80 children. It helps to keep the children out of trouble gives them something to look forward to and builds their confidence and self-esteem. I have been involved with the play scheme for many years now both as a Parent, Foster Parent and now as a Volunteer. I know the play scheme helps these children to achieve things that otherwise would be beyond them. All the children can achieve something regardless of their abilities. The mornings are filled with arts and crafts. This is where the children can use their imagination to make things using a variety of materials. We have had some extremely good artists one of our girls has gone on to study art at college. In the afternoons we provide entertainment such as Pantomimes, Magic shows. Dog shows and much much more. We usually begin the play scheme with a fun day. This family day is always well attended and enjoyed. The last day of the play scheme we take everyone children and parents on a day trip to a theme park such as Lightwater Valley. The children go free and we subsidise the adults as much as possible to ensure all families are able to go regardless of their financial situation.

2. What difference do you want to make?

Please consider how it relates to Whitehaven Town Council?

In the past the estate has suffer from petty vandalism and anti-social behaviour. We believe that providing a place to go and something to do helps to prevent some of this. We also try to instil a sense of pride in the children, both in themselves and the place where they live. All this goes towards having a happy and settled community

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

(3. Why are you the right group/organisation to do this work?

We are the right organisation to run this play scheme because we work with the children of Greenbank throughout the year and know and understand our community.

We have organised a summer playscheme on Greenbank since 1987 and it has always been very successful. The play scheme caters for all children up to the age of sixteen and lots of children come from the surrounding estates

(Max

500: words 10 marks)

4. How do you know there is a need for your work, and who benefits from the work that you do?

(Max 1000 words: 15 marks)

Our play scheme has been running for many years now and the children and parents both look forward to it. The whole community benefits in that the children are off the streets and out of mischief. The long school holidays and bored children are the ideal mix for petty crime and vandalism the play scheme goes some way to elevate this

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

5. Please demonstrate why your idea is attainable? (Max 500 words: 10 marks)

We organise the summer play scheme every year. It is a one of our very important activities. We take pride in doing a good job and although at the end we are exhausted we are all happy to carry on the next year. Also we sometimes get children to come to our Friday family nights which are open all year.

6. Over what time period will the project be completed: The Play scheme is held on Wednesdays and Fridays throughout August

Anticipated start date 31/7/2019

Anticipated end date 28/8/2019

7. ORGANISATION AND CONTROL (Maximum 500 words: 15 marks)

How will you organise and manage the delivery of the project?

How many volunteers will be involved in the delivery?

The play scheme is organised by our committee and with the help of our volunteer's.

We have eight committee members and 2 volunteers

The play scheme takes place in our community centre and each afternoon we arrange for various children's entertainers to come. The mornings we have arts and crafts where the children make various things either for themselves or to take home for their Mams and Dads. This very popular. At the end of the play scheme we have a trip to a theme park. The children go free and we subsidise the adults as much as possible so that everyone is able to come regardless of their financial situation. Depending on funding we also take the children to Walby farm park.

The play scheme accounts are kept in detail by our treasure and a balance sheet is produced at the end of the play scheme. This balance sheet along with the monthly general balnce sheet are pinned up on the notice board in the centre.

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

8. COSTS

Breakdown of costs for the project that have been thoroughly researched and itemised, with the costs outlined below being based on quotes received or known costs: (10 marks)

ITEM	COST
Hire of centre	200
Arts and crafts	500
Entertainers	1030
Trips	1000
Transport	800
Volunteers Expenses	140
Stationary	30
Fun day	700
Play day	300
TOTAL	4700

9. Will your project be supported by Funds that have come from other sources e.g. fundraising, other grants, business support, and volunteer hours? Please provide details. (10 marks)

Source of Income	Confirmed?		Amount
	Yes	No	
Whitehaven Town Council	<input type="checkbox"/>	<input checked="" type="checkbox"/>	£500
Group's own cash contribution	<input checked="" type="checkbox"/>	<input type="checkbox"/>	£500
	<input type="checkbox"/>	<input type="checkbox"/>	£
In-kind volunteer time	<input checked="" type="checkbox"/>	<input type="checkbox"/>	60 Total Estimated Hours
	<input type="checkbox"/>	<input type="checkbox"/>	

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

Grants and sponsorship* (please provide names of Funders below)

Charlie & Kathleen Dunnery Children's Trust	<input checked="" type="checkbox"/>	<input type="checkbox"/>	£1000
	<input type="checkbox"/>		
Francis C Scott Charitable Trust	<input type="checkbox"/>	<input checked="" type="checkbox"/>	£2000
		<input type="checkbox"/>	
Cumbria Foundation	<input type="checkbox"/>	<input checked="" type="checkbox"/>	£2000
		<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	£
	<input type="checkbox"/>	<input type="checkbox"/>	£
		Total	£5000

* Please provide only details of grants and sponsorship that are relevant to this project.

10. Have you successfully applied to Whitehaven Town Council for grants prior to this application?

Yes

No

If yes: -

Amount received £500 £500

Month / Year received: August 2018 December 2018

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

11. Your project has been a complete success, please give some thought to how you could continue the project if we were unable to provide further funding or indeed could only provide reduced funding a second time?

This is an annual project. We would continue to apply to different organisations. We would organise our activities to suit the budget.

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<u>income</u>		<u>Expenditure</u>	
BFW	£10,079.38	Banked	£7,643.00
Lunch club	£2,334.70	Centre	£2,991.61
Tuck shop	£1,683.88	Phone	£524.55
Family fun	£236.50	Bingo	£2,449.02
Centre Hire	£510.00	Insurance	£699.34
Grants	£5,594.33	Beacon fires	£118.80
Bingo	£4,573.23	Play scheme	£4,519.30
Playscheme	£1,603.50	Family fun	£453.06
Kitchen	£1,112.21	Tuck shop	£1,970.44
Donation	£360.00	Lunch club	£1,747.06
Transferred from petty cash	£7,643.00	Kitchen	£553.47
Interest	£10.41	Electric	£781.03
unpaid Cheque	£1,977.78	Gas	£859.77
Total	£37,718.92	Copeland council	£389.47
		Waste Disposal	£807.44
		United utilities 9904	£155.39
		United utilities 8688	£354.98
		Total	£27,017.73
		Balance	£10,701.19

8/2/19 Cash in bank 10,447.89
 Petty cash 253.30

 £10,701.19

Checked and found correct 2/5/2019.

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WHITEHAVEN TOWN COUNCIL

Application Form: Organisation Details Sheet

Please complete the details below where applicable for your group/organisation

Name:	Jane Nicolson (Treasurer)
Group/Organisation:	Parish of Whitehaven (St Nicholas)
Correspondence Address:	St Nicholas Centre Lowther Street, Whitehaven CA28 7DG
Charity Registered Address: (if different)	
Charity Number or Copy of Constitution	1130849
Contact Tel. No.	
Fax No.	
Mobile Tel No.	
E-mail Address:	
Bank Branch Address:	
Bank Account Name:	
Bank Account No:	
Sort Code:	
Website:	
How many staff involved:	2 paid staff and approx. 20 volunteers working in the cafe
Copy of annual Accounts attached:	Extract from annual accounts for St Nicholas Centre.
Registered signatory:	Jane Nicolson
Date:	9 th July 2019

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

Funding Application Form

1a. What is the value of the grant you are applying for? (minimum grant £100 maximum £1,000 except if approved by resolution at full council)

£1,000 contribution towards the cost of the external CCTV camera and monitoring/recording equipment.

1b. Tell us about your project

(Max 250 words)

The grounds of St Nicholas tower been subject to an increased presence of groups of individuals intent on unruly and anti-social behaviour. This has culminated in staff working in the Centre being subject to verbal abuse and threats. In November 2019, the PCC took steps ensure the safety and security of staff, volunteers and users of the Centre. The Centre has joined the town centre shop watch scheme. Police are providing more frequent patrols in the grounds. **The PCC wish to reinforce these measures by installing CCTV cameras that will monitor persons entering the Centre and the grounds of the St Nicholas gardens.** The object being to act primarily as a deterrent and also provide evidence for prosecutions by the police.

Three CCTV cameras will be installed on the exterior of St Nicholas Tower covering the main entrance (Lowther Street) and two side entrances (Church street and Queen Street). An eight channel monitor with 30 days recording apparatus will be located in the Parish Office which is above the café. Additionally (but funded by the Parish) internal CCTV cameras will installed in the café.

2. What difference do you want to make?

Please consider how it relates to Whitehaven Town Council?

(Max 500 words: 10 marks)

The key outcomes of the installation are to

- provide a deterrent against anti-social behaviour in the grounds and the café thus making the grounds a safer and more attractive place for the people of Whitehaven to enjoy the beautiful gardens
- ensure that staff, volunteers and centre users feel comfortable in entering, using and leaving the centre and gardens
- in the event of serious incidents to be able to support the police with CCTV evidence.

The PCC, staff and volunteers have been consulted. Both the Town Council and Copeland Council are supportive of the steps being taken by the Parish as part of the town's initiatives to reduce anti-social behaviour in the town centre.

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

3. Why are you the right group/organisation to do this work?

(Max 500: words 10 marks)

The Parish of Whitehaven is responsible for St Nicholas Centre and gardens and work in partnership with the Town Council and Copeland Council on the upkeep of the gardens.

4. How do you know there is a need for your work, and who benefits from the work that you do?

(Max 1000 words: 15 marks)

The grounds of St Nicholas tower been subject to an increased presence of groups of individuals intent on unruly and anti-social behaviour. This has culminated in staff working in the Centre and people using the gardens being subject to verbal abuse and threats.

Anti-social behaviour in the town centre has been the subject of discussion between the Parish, Town Council, Copeland Council, local MP and businesses.

The people of Whitehaven and particularly anyone wishing to use the gardens and café will benefit from the installation of the external CCTV.

5. Please demonstrate why your idea is attainable? (Max 500 words: 10 marks)

Quotations and faculty applications have been approved. The supplier of the equipment is available to install the equipment.

6. Over what time period will the project be completed:

Anticipated start date July 2019

Anticipated end date Aug 2019

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

7. ORGANISATION AND CONTROL (Maximum 500 words: 15 marks)

How will you organise and manage the delivery of the project?

How many volunteers will be involved in the delivery?

This is a one-off installation of equipment which will be carried out by Westmorland Fire & Security. The work will be co-ordinated by the Church Warden who will liaise with the contractor.

8. COSTS

Breakdown of costs for the project that have been thoroughly researched and itemised, with the costs outlined below being based on quotes received or known costs: (10 marks)

ITEM	COST
2 x 3 MP IR Fixed Turret Network Camera (front and foyer))
2 x 3 MP IR Fixed Bullet Network Camera (rear left and right))
1 x 8 way Network Recorder)
1 x HD 22 inch monitor)
1 x Network Connection)
Installation)
Total cost of all above items and installation including VAT	£2,364.00
The cost is based on a quotation from Westmorland Fire & Security	
TOTAL	£2,364.00

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

9. Will your project be supported by Funds that have come from other sources e.g. fundraising, other grants, business support, and volunteer hours? Please provide details. (10 marks)

Source of Income	Confirmed?		Amount
	Yes	No	
Whitehaven Town Council	<input type="checkbox"/>	No	£1,000
Group's own cash contribution	Yes	<input type="checkbox"/>	£1,364
Donations	<input type="checkbox"/>	<input type="checkbox"/>	£
In-kind volunteer time	<input type="checkbox"/>	<input type="checkbox"/>	Total Estimated Hours
Grants and sponsorship* (please provide names of Funders below)			
	<input type="checkbox"/>	<input type="checkbox"/>	£
	<input type="checkbox"/>	<input type="checkbox"/>	£
	<input type="checkbox"/>	<input type="checkbox"/>	£
	<input type="checkbox"/>	<input type="checkbox"/>	£
	<input type="checkbox"/>	<input type="checkbox"/>	£
		Total	£2,364

* Please provide only details of grants and sponsorship that are relevant to this project.

10. Have you successfully applied to Whitehaven Town Council for grants prior to this application?

Yes

No NO

If yes: -

Amount received

Month / Year received:

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

11. Your project has been a complete success, please give some thought to how you could continue the project if we were unable to provide further funding or indeed could only provide reduced funding a second time?

This is a one-off installation. Ongoing maintenance costs are £66pa and will be funded from St Nicholas operating costs. If CCTV cameras are damaged, then replacement items will be funded from St Nicholas operating costs.

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PARISH OF WHITEHAVEN-ST. NICHOLAS ACCOUNTS

December 2018

	2018 Actual Year to Date £	2018 Budget Full Year £	2017 Outturn £
<u>INCOME</u>			
<u>Café Income</u>			
Gross Takings Café	33,909	35,650	28,496
Charity day income	319	0	156
Shop	875	2,000	1,538
Other	0	0	0
Sub Total Church Activities	35,103	37,650	30,190
Sub Total Voluntary Receipts	4,444	2,650	3,935
Sub Total Fund Raising	843	1,000	84
Sub Total Other Income	0	0	0
Sub Total Restoration Donations	0	0	0
Sub Total Dividends/Interest	0	0	0
TOTAL RECEIPTS	40,390	41,300	34,209
<u>PAYMENTS</u>			
Sub Total Church Activities (Café)	8,411	12,394	9,423
Sub Total Utilities	5,096	4,304	4,577
Sub Total Wages	17,599	18,672	13,909
Sub Total Church Running Costs	7,540	6,574	6,307
Sub Total Mission	1,038		
Other Costs	0	0	0
Capital/major repairs/project costs	0	0	5,767
Charitable Donations	0	0	0
TOTAL PAYMENTS	39,685	41,944	39,983
GROSS SURPLUS/(DEFICIT)	705	(644)	(5,774)
Sub Total Transfers	0	0	3,000
NET BALANCE	705	(644)	(2,774)

Account Balances

Current Account

Bonus Reserve

7,337
3,500

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WHITEHAVEN TOWN COUNCIL

Application Form: Organisation Details Sheet

Please complete the details below where applicable for your group/organisation

Name:	Lesley Storey
Group/Organisation:	Safety Net (UK)
Correspondence Address:	1, Fisher Street, Carlisle, Cumbria, CA3 8BR
Charity Registered Address: (if different)	
Charity Number or Copy of Constitution	1164998
Contact Tel. No.	
Fax No.	N/A
Mobile Tel No.	
E-mail Address:	
Bank Branch Address:	
Bank Account Name:	
Bank Account No:	
Sort Code:	
Website:	
How many staff involTime To Changed:	We have 5 full time and 7 part time members of staff and 15 volunteers.
Copy of annual Accounts attached:	Attached
Registered signatory:	

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

Date:	31 st July 2019
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Funding Application Form

1a. What is the value of the grant you are applying for? (minimum grant £100 maximum £1,000 except if approved by resolution at full council)

We are asking Whitehaven Town Council to consider our application for a grant of £1,000 towards our West Cumbria project, any support from you will go directly towards people living in Whitehaven.

1b. Tell us about your project

(Max 250 words)

Safety Net (UK) supports the recovery of those affected by rape, exploitation, sexual and domestic abuse including the emerging issues encompassed in image-based sexual abuse, across Cumbria. As independent specialists we provide free, one-to-one therapeutic interventions to all genders and all ages, the provision around domestic abuse is essential as around 30% of victims of this crime also experience rape and sexual assault.

Our work is underpinned by a belief that, with the right help, victims can recover from the devastation caused by their experiences and go on to lead fulfilling lives, we offer holistic services and can also support victim's friends and family.

Over the last five years, referrals have increased by over 100%, in 2018 - 2019 we had 158 children and young people and 636 adults that were accessing our service, a total of 794 clients compared to 632 clients in 2017-2018.

There is growing public concern and awareness around many of the issues we deal with, in some respect this is enormously positive, as people who have struggled in silence for years feel able to speak out and ask for help. However, there are also challenges for services like ours who must keep growing to respond to this increased demand.

2. What difference do you want to make?

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

Please consider how it relates to Whitehaven Town Council?

(Max 500 words: 10 marks)

In 2019-2020 we need to continue with our work in West Cumbria with a full-time Integrated Support Worker to support children and adults from Whitehaven and the surrounding area. This post will also contribute to work we are currently facilitating at Whitehaven Academy and will cut down on West Cumbrians having to go onto a waiting list for an appointment at our Carlisle head office.

Our service user's experiences of trauma can have a devastating and long-term impact on their lives. People we work with can, and often do, experience:

- Self-harming, depression, anxiety and PTSD.
- Substance and alcohol misuse.
- Pregnancy through sexual abuse.
- Nightmares, flashbacks, poor sleep patterns.
- Poor attendance at school or work.
- Difficulties in forming and maintaining healthy relationships.

Our interventions address the critical needs of some incredibly vulnerable individuals at a point in their lives where they may have felt there was nowhere else to turn to. Many of these are young people in and around Whitehaven. We provide an opportunity for them to take control of their circumstances and turn their lives around.

In 2018-2019, we supported 156 people from the West Cumbria, 60 of these were children aged 17 and under, we estimate a 25% increase in referrals in 2019/2020. 109 of those were female with 45 were male. Two cases involved a transgender male and transgender female individual.

41 of the 156 people were from Whitehaven.

Age Group	Number of Clients 2018-19
13-17	60
18-24	15
25-34	23
35-44	25
45-54	12
55-64	18
65-74	3

These figures demonstrate the need for us to continue our work in the West Cumbria.

3. Why are you the right group/organisation to do this work?

(Max 500 words: 10 marks)

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

We are ideally suited to doing this work as we have been doing it since 2005, we are well known in the area and a trusted organisation with other agencies and organisations in Whitehaven, linking up with Women out West, Police Crime & Commissioner of Cumbria and Whitehaven Academy.

4. How do you know there is a need for your work, and who benefits from the work that you do?

(Max 1000 words: 15 marks)

We are aware that the need for our services is increasing dramatically each year. This is due to an increased awareness of issues we deal with and a safer and securer environment for disclosure to occur and stronger integrated support services.

As you can see in section 2 of this application, we are addressing the need.

The people who will benefit from this project are children and adults that have been affected by rape, sexual abuse and domestic violence in West Cumbria, any support from you, we will restrict the funding to support people in Whitehaven.

5. Please demonstrate why your idea is attainable? (Max 500 words: 10 marks)

We continue to make a real and essential difference to the lives of so many people through the work that we do. Our work is crucial to so many people affected by many forms of abuse and neglect, giving them a chance to come to terms with it and move on.

6. Over what time period will the project be completed:

This is an ongoing project, we are looking for funding to cover September 2019 – August 2020.

7. ORGANISATION AND CONTROL (Maximum 500 words: 15 marks)

How will you organise and manage the delivery of the project?

How many volunteers will be involved in the delivery?

We are a well-established charity within the field we work in. We have robust systems in place to ensure confidentiality and safeguarding of all vulnerable individuals. We constantly monitor the success of our interventions and maintain an up to date database of our activities and their outcomes.

WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

8. COSTS

Breakdown of costs for the project that have been thoroughly researched and itemised, with the costs outlined below being based on quotes received or known costs: (10 marks)

Integrated Support Worker staffing costs 2019-2020	£27,800
Management and overheads costs	£2,780
Total	£30,580

9. Will your project be supported by Funds that have come from other sources e.g. fundraising, other grants, business support, and volunteer hours? Please provide details. (10 marks)

Source of Income	Confirmed?		Amount
	Yes	No	
CKCDF	Yes		£1,000
Proven Family Trust	Yes		£400
Unite Union Construction	Yes		£500
J H Burn Charity	Yes		£200
Stella Symons Charity	Yes		£250
Fortitude 2019 Fundraiser	Yes		£9,000
GNR 2019 & Yorkshire 3 Peaks – amount unknown at the moment.			
		Total	£11,350

* Please provide only details of grants and sponsorship that are relevant to this project.

10. Have you successfully applied to Whitehaven Town Council for grants prior to this application?

Yes, we received £1,500 in April 2018.

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WHITEHAVEN TOWN COUNCIL – GRANT APPLICATION

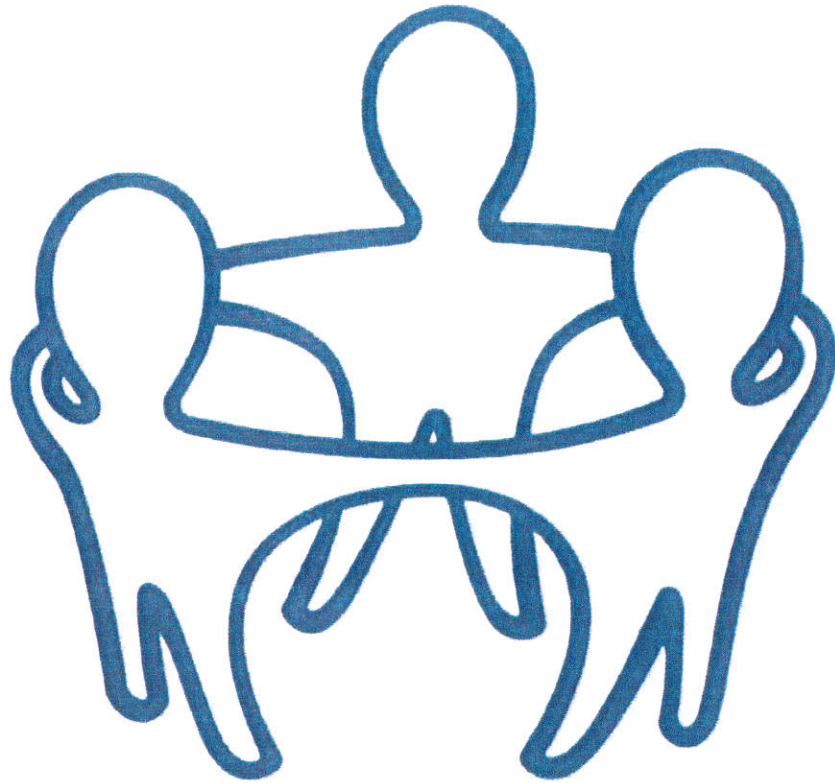
11. Your project has been a complete success, please give some thought to how you could continue the project if we were unable to provide further funding or indeed could only provide reduced funding a second time?

We regularly apply to a number of funders who are sympathetic to the work we do, as well as organising an annual fundraising event, Fortitude which takes place every March in The Solway Hall in Whitehaven.

In addition, volunteers participate in The Great North Run and The Yorkshire Three Peaks Challenge raising money for this project each year.

We are actively applying to a number of other funders from July 2019 for this project, if you would like an update on further funding secured, please contact us.

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Safety Net (UK)

Annual Report

April 2017 – March 2018

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SAFETY NET (UK)

A Charitable Incorporated Organisation

Reference and Administrative Details of the Charity, its Trustees and Advisers for the Period Ended 31 March 2018

Trustees

Mr C J Armstrong, **Chairman** – Appointed 16 January 2017
Ms C J Green - Appointed 16 January 2017
Mrs J Scarlett - Appointed 16 January 2017
Mrs L Vance - Appointed 16 January 2017
Ms G Martlew - Appointed 16 January 2017
Mrs B Stephens - Appointed 16 January 2017

Charity Registered Number

1164998

Registered Office

1 Fisher St, Carlisle, Cumbria, CA3 8RR

Service Lead

Julia Carver - Appointed 16 September 2016

Accountants

Armstrong Watson Audit Limited, Fairview House, Victoria Place, Carlisle, Cumbria, CA1 1HP

Bankers

Barclays Bank Plc, 33 English St, Carlisle, CA3 8JX

Solicitors

Burnetts, 6 Victoria Place, Carlisle, Cumbria, CA1 1ES

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Chairman's Statement for the period April 2017 – March 2018

It gives me great pleasure to introduce this Annual Report for 2017-18, outlining as it does the continuing (and growing) strength of Safety Net (UK). Such success is the result of some phenomenal work by all involved within the charity. In a long career, I have seldom seen such commitment and dedication as is shown by Safety Net (UK) staff at all levels. They truly care about those who come through the doors and independent research is showing that their input changes lives for the better. So, a big "Thank you" to each and every staff member.

Thanks, are also due for the selfless involvement of an active and committed Board of Trustees, who each carry supervisory responsibility for an aspect of the charity's operations and who are always willing to share their vast experience for the benefit of Safety Net (UK) and its service users. Having such a talented band of Trustees makes my job as chairman of Trustees much easier and more rewarding.

Readers will see from the Report that the caseload handled by Safety Net (UK) has increased by over 100% within 4 years. Each case referred to Safety Net (UK) represents a human tragedy, and it is easy to feel depressed that so many individuals – very many of them children - are made to suffer rape, exploitation and domestic or sexual abuse by the actions of others, frequently those who owe a duty of care to the victim. Statutory agencies do their best to cope with immediate need, but their resources are limited, and they are too hard-pressed to build on the work they do by facilitating post-trauma recovery. That is where Safety Net (UK) comes in, providing a helping hand for victims to recover from their experiences and to build a more positive future.

As old taboos are overcome, and more victims come forward to seek help and support, referrals will inevitably rise. It is clear that there is a substantial demand for the services provided by Safety Net (UK), a demand that cannot be fully met from existing resources. The Trustees and staff of Safety Net believe that the charity provides its valuable services in a competent and professional manner and that, as Safety Net (UK) develops and expands its operations, more of that unmet demand can be accommodated, leading to better lives for some of the most vulnerable members of society. I am sure that, as you read this Report, you will think so too, and I hope that the Report will inspire more people to support the work our charity is doing.

Chris Armstrong
Chairman of Trustees

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1. OVERVIEW

The Trustees present their annual report together with the financial statements of Safety Net (UK) for the period 1 April 2017 to 31ST March 2018. The Trustees confirm that the Annual Report and financial statements of the charity comply with the current statutory requirements and the requirements of the charity's governing document.

Safety Net (UK) is a specialist organisation that supports the recovery of those affected by rape, exploitation, sexual and domestic abuse. It is the only organisation of its type in North and West Cumbria. We are contracted by the Ministry of Justice (MOJ) as the Rape Support Centre for North and West Cumbria and commissioned to provide counselling support as part of the Cumbria Sexual Abuse Referral Centre (SARC), which is called the Bridgeway. Our work is underpinned by a belief that, with help, whatever has happened or is happening, victims can recover from the devastation caused by their experience and go on to lead fulfilling lives.

Fuelled by the increased national profile, and consequent heightened public awareness, of the incidence of sexual and domestic violence, abuse and exploitation, Safety Net (UK) has seen a 100% increase in referrals over the last 4 years. As a registered charity, we depend on grants, winning contracts and developing our community fundraising initiatives, for the resources to enable us to do our work. We have support from bodies such as the Big Lottery and Children in Need, we are funded by the MOJ and a contract from the Cumbria Police and Crime Commissioner as part of the Bridgeway initiative to deliver counselling to sexual abuse victims.. The fact that we are successful in raising this funding in a competitive environment indicates the value that others place on Safety Net (UK) services.

We have a tried and tested model of working. We know that there is demand for our services, and that they are greatly appreciated by service users. It is Safety Net (UK) intention to refine and extend the scope of the counselling, therapy and support through which victims are helped. We are committed to continuous improvement and are always researching new ideas and approaches, drawing on the experience of professionals locally, nationally and globally, as well as that of our own specialist workers.

Our purpose is to enable Safety Net (UK) to build on its past success and further enhance its reputation so that funders and commissioners can continue to feel confident that Safety Net (UK) is an organisation that is professionally run and delivers effective help and support to those who have suffered appalling trauma.

In the last four years we have successfully recruited, trained and embedded a core staff team to deliver our tiered model. Responsible for strategy and overseeing the work of the charity, Safety Net (UK) has six skilled and experienced Trustees. The operational team consists of a chief officer, an office manager, a part-time administrator, five therapists, four integrated support workers, a student social worker, sub-contracted finance and fundraising functions as well as a well-established pool of bank staff and 10-15 volunteers.

2. ACHIEVEMENTS THIS YEAR

- In 2017/18 we had 632 referrals to our service; 454 clients engaged with the service, 189 with Tier 1 and 2 services, (short term information/advice and advocacy) and 265 with Tier 2 and 3 support (therapy and counselling). 123 were on waiting lists and 55 did not engage, were referred on or declined services. In 2016/17 there were 529 referrals of which 373 engaged. There were 129 in Tier 1 and 2, and 244 in Tier 2 and 3.
- Referrals have increased by over 100% since 2013/14 from 305 referrals to 632. (A 19% increase in the last year alone)
- We provided training and education work to around 150 professionals. 40 of these were teaching and schools staff, 30 from a housing association and the remainder form a range of community groups.
- We are proud of our delivery model and the positive outcomes achieved for our clients. 76% of engaged clients showed improvements in health and wellbeing scores. Around 60% of clients left our services with more effective coping strategies, better family and social relationships, increased access to work, education/training and social activities, improved self care, self esteem and general wellbeing.
- We have very positive exit evaluations, supported by case studies and support plans. As part of the first year of our longitudinal study, 24 services users who had been in service in the last 2 years were contacted by an independent researcher. The findings are extremely encouraging with sustained recovery for all except one of these clients.
- Since becoming a Charitable Incorporated Organisation (CIO) we have been able to develop our community fundraising activity; for example, we have runners sponsored to take part in the Great North Run, we have held our first Charity Ball and sponsored walkers are trekking to Ben Nevis and Mount Everest. Local fundraising events are supported by our volunteers and a range of other events are included in our annual Community Fundraising Plan.
- We have re-branded, have a new logo and information leaflets and we are in the process of developing our new website. We have a much more visible social media presence, which we intend to develop further over the coming months.
- We have identified the financial needs for the next three years of our current practice. Safety Net (UK) has secured funding for the majority of its core activity for 2018/19 with continuation funding from PCC, Lottery and MOJ and securing three-year grants from, Henry Smith, Children in Need and Lloyds Trust as well as well as annual grants from Garfield Weston and the Community Foundation and a range of community fundraising events.

3. OUR VISION AND OBJECTIVES

3.1 Our Vision is to achieve communities free of rape, exploitation sexual and domestic abuse.

3.2 Our Objective / Mission Statement is: To support the recovery of those affected by, rape, exploitation sexual and domestic abuse across North and West Cumbria.

To achieve our Vision and Mission Statement, we have six main delivery outcomes that we seek to achieve and a range of indicators to measure the benefits we are bringing to people's lives.

3.3 Our Delivery Outcomes

- To deliver high quality services - through effective governance, service delivery, data and outcome management.
- To reduce risk & risk-taking behaviours - we work in partnership with other professionals to provide wrap around services that maximize safety and reduce risk and risk-taking behaviours.
- To reduce the symptoms of trauma - including depression, anxiety, PTSD symptoms.
- To improve emotional resilience - by improving self-care and coping strategies, strengthening relationships and encouraging social engagement.
- To facilitate increased access to services and support and improved ability to cope with practical tasks - that support recovery including family support, criminal justice and family court, employment, training, education, housing and finances.
- To prevent abuse and increase awareness of the impact of sexual and domestic abuse - through education and training and our work in schools.

3.4 Strategies for achieving objectives, our values

- We provide a specialist service that works within an ethical framework.
- We deliver trauma-informed quality, safe and client centred services.
- We ensure that all clients, staff and volunteers are respected, valued and their voices heard.
- We drive change and prevent future abuse through influencing, awareness-raising and education.
- We build safety and stronger support through partnership working.
- We create, facilitate and support innovative service delivery.
- We aim to develop a culture where we listen, learn and adapt to change.
- We provide a place where people choose to work.

4. Our Work

4.1 Our Provision

Safety Net (UK) offers a tiered approach to service provision based on a risk and needs-led assessment. We focus on a trauma-informed and holistic recovery approach to working with individuals or whole families, in partnership with other professionals and community groups, to improve wellbeing and quality of life. Our holistic/whole family approach to working is based on best practice, evidence from pilot work conducted in 2014/15, and national research conducted by the NSPCC (Letting the Future In, 2016). All our work takes place in psychologically-informed environments, designed to put our users at ease.

4.2 Our model of working / activities for achieving our objectives

Since May 2015 we have embedded our model and core services, which include:

- Tier 1 - Information, advice, advocacy and helpline. Providing one-off drop-in sessions, advice around court procedures, family court advice and support, pre-trial advice, multi-agency support, arranging early help and signposting to other services, liaising with other services etc. (Up to four sessions)
- Tier 2 - Integrated support provided short term (12 weeks average at one hour per week) to young people/adults who have significant emotional and practical needs that make accessing therapeutic recovery support services difficult or impossible. Working in our outreach buildings across the county, community buildings and schools. (12 sessions)
- Tier 3 - Trauma-focussed counselling, therapeutic support and group work for adults, children and young people (CYP) and families. The duration of this support is adjusted according to service users' needs, but averages 20-25 sessions.
- Training, education and awareness-raising - increasing awareness of the psychological and emotional impact of domestic violence and sexual abuse through education and training, including our pilot work in schools.
- Recovery Community – to support integration back into the community, building social networks and relationships. We run emotional resilience groups facilitated by experienced practitioners. We also run art and craft groups linked to the wider community networks and managed by our volunteers, many of whom have been service users.

Our flexible service means that people can access the service at different stages, leave and come back again if and when they are ready to do more work, or need further support. Safety Net (UK) recognises that the journey to recovery from violence and abuse can be a bumpy one and our service is responsive enough to support that. We don't take a "one-size fits all" approach but are able to tailor our interventions to meet individuals' needs.

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Service user feedback - Some of the many comments received from our service users over the last year include;

Chloe (aged 23, victim of domestic abuse) - *'The whole process has been really helpful. I have finally been able to open up about who I am, finding myself & be more self-assured & most importantly believe in myself.'*

Emma (aged 53, victim of childhood sexual abuse) - *'I received an appointment the next day and was given a lot of time to talk, much faster to be seen than expected, I've started to find my true self, coping much better, lots of tools and techniques for stress and anxiety. Cannot fault the service, my therapist was always very understanding, she is a fantastic asset to Safety Net. On the whole Safety Net helped me see the light at the end of the tunnel and become a better calmer person.'*

John (aged 47, victim of childhood sexual abuse) - *'The help has been outstanding - the most important thing for me was being taken seriously & the practical advice offered. The most important thing has to be able to 'talk it all out' & just have someone listen who wasn't judgmental.'*

Parents of children affected by childhood sexual abuse - *"It has been a great help to me to better understand the needs of our children"*

"As an individual, the support has been invaluable in helping me to overcome past difficulties. As a parent of two users the insight that has been given to me on how to best support and develop my children has been outstanding."

Steph (aged 22, victim of rape) - *"It has helped being at Safety Net getting through the situation I was in and how it left me feeling afterwards. My councillor has helped me a lot and I would recommend this service to anyone that is in my situation"*

All names have been changed

4.3 Public Benefit

The Trustees have considered the guidance issued by the Charity Commission in respect of public benefit and believe that the operations and activities of the charity comply with this guidance.

5. OUTCOMES AND PERFORMANCE

5.1 Output data

- 76% clients showed improvements in symptoms of anxiety/depression and PTSD in this period, this is very positive and very similar to outcome results last year.
- We saw an increase in the number of self-referrals from 20% to 35% of total referral numbers. We think this reflects the increase in the numbers of agencies, primarily Improving Access to Psychological Therapies (IAPT) and Independent Domestic Violence Advisors (IDVA), who are asking clients to self-refer.
- Direct referrals from mental health and other health agencies are around 12%, this was the same last year.
- We have seen an increase in the complexity of client needs, including mental health, drug and alcohol and practical needs around housing, benefits and employment. This has led to an increase in the numbers of clients accessing Tier 1 services, calling for advice and support and wanting drop-in and one-off sessions. We have also seen an increase (see below) in the number of inappropriate referrals to our service. To address this, we have worked with mental health agencies and social care to improve pathways into those services for clients where the risk and complexity are too high for recovery work.
- We see high levels of positive engagement – once allocated to a worker only 5% disengage from services.
- 78% of our users were female and 20% were male. This represents a relatively high proportion of men accessing services compared with the national average of 8%.
- 42% of all referrals were children and young people under 24 years of age, the same as last year.
- We saw a 3% increase in waiting list numbers. At the end of March 2018 123 individuals were on waiting lists for being assessed. In the last year we have seen staffing numbers increase by 0.6 of a post (less than 5% of our total staff team) whilst referrals increased by almost 20%.
- 97% of referrals identified as White British, which reflects the demographic of the county, while 1% were Asian/black/mixed. There are no data on the remaining clients.

5.2 Outcome data

Our outcomes framework incorporates all the outcomes agreed with our funders and commissioners, using Department of Health Adult/Adolescent and Child Wellbeing Scales and Strength and Difficulties Questionnaires, alongside our own, bespoke measurement tools. We have developed our own intake and exit questionnaire, based on NHS work and social adjustment scales. Tier two and three service users complete these measures at intake, review and exit. Our outcomes are very positive, as evidenced by the 2017-18 data below.

(i) CYP Outcomes, based on 80 children and young people completing two sets of outcome questionnaires in 2017/18

- **To reduce risk and risk-taking behaviours**
Suicide, self-harm and suicide ideation – 31/80 (39%) indicated one of these vulnerabilities as an issue. 24/31 (75%) of these young people showed improvements on wellbeing scores.

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Safety – 63 of the 80 replies indicated not feeling safe as an issue. Of these 36/63 Children and Young people (57%) reported an improvement in their personal safety, 24/63 (38%) stayed the same, and with 3/63 (5%) there was an increase in risk. Last year 51% reported an improvement in safety.

On-line safety – All CYP were given information around on-line safety. 61/80 (76%) had improved awareness or scores had stayed the same indicating no increase in risk around this area. Two young people reported an increase in scores, this was addressed in 1:1 sessions. 56% reported an increase in awareness last year.

- **To reduce the symptoms of trauma** - including depression, anxiety and PTSD symptoms.

Health /symptoms of trauma (depression anxiety, PTSD symptoms) 62/80 (77.5%) Children and Young People showed better health and wellbeing scores. All 11 young people aged 16 and 17 had better scores after engaging with Safety Net (UK).

Everything –77/80 replied to this question, 46/77 CYP (60%) reported an improvement in how everything was going and their general sense of wellbeing, 29 (38%) stayed the same, 2 (2%) showed a decline.

- **To improve emotional resilience** - by improving self-care and coping strategies, strengthening relationships and encouraging social engagement.

Me – 78/80 replied to this question of these. 47/78 (61%) reported an improvement in how they were coping and their self-care, 26 (33%) stayed the same, 5 (6%) showed a decline.

Family/ interpersonal- 72/80 indicated that family and close relationships was an issue for them, of these 37/72 CYP (52%) reported an improvement within their family life as well as other close relationships around them, 40 (40%) stayed the same, 6 (8%) showed a decline.

Friends /socially – 74/80 replies indicated this as an issue, of these 39/74 CYP (53%) reported an improvement with their ability to socialise with their friends, 32 (43%) stayed the same, 3 (4%) showed a decline.

School – 75/80 replies indicated this as an issue, of these 69/75 CYP (92%) reported no decline in their school life and 38 (51%) indication improvement in an aspect of their school life, such as attendance and work in the classroom, only six young people (8%) showed a decline.

(ii) **Adult outcomes based on 189 adults completing the outcome questionnaires in 2017/18**

- **To reduce risk & risk-taking behaviours**

Suicide, self-harm and suicide ideation – 114/189 (60%) indicated improved scores around inward directed irritability which can be an indicator for self-harm, suicide and suicide ideation, for 66 (35%) of clients this was not an issue and scores were stable. Less than 5% of clients' scores worsened.

Personal safety -175/189 (93%) indicated an issue. 102/175 (58%) clients felt that their personal safety had improved in terms of home, workplace and day to day, 60/175 (34%) had stayed the same and 13/175 (7%) had showed a decline.

On-line safety – 146/189 (77%) reported this as an issue, of these, 135 (92%) had improved awareness or scores had stayed the same indicating no increase in risk around this area. 91/146 (62%) clients felt they had greater awareness about on-line safety, 44/146 (30%) stayed the same, with 11/146 (8%) showing a decline. All 189 clients are given information around on-line safety and the risks and possibilities of grooming.

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- **Health / symptoms of trauma** - including depression, anxiety, PTSD symptoms.– 143/189 (76%) clients stated that they had better health and wellbeing as a result of using the service, which is measured via adult wellbeing scales. 11/189 (6%) stayed same and 35/189 reported feeling worse (18%).
- **To improve emotional resilience** - by improving self-care and coping strategies, strengthening relationships and encouraging social engagement.
 - Emotional wellbeing /coping /self-care** -187/189 (99%) indicated an issue, of these 124/187 (66%) clients felt they had better coping and self-care strategies and improved wellbeing overall. 57/187 (30%) stayed the same and 7/187 (4%) showed a decline.
 - Family and relationships** – 184/189 (97%) clients indicated an issue, 113/184 (61%) clients felt more able to maintain relationships with those that mattered to them as a result of using this service, including people they lived with. 62/184 (34%) stayed the same and 9/184 (5%) showed a decline.
 - Social leisure activities** – 182/189 (96%) clients indicated an issue, with 114/182 (63%) clients reporting improved ability to interact with other people, especially at parties, pubs and outings joining clubs. 63/182 (35%) stayed the same and 5/182 (2%) showed a decline.
 - Private leisure activities** – 187/189 (99%) clients indicated an issue, with 117/187 (63%) clients reporting better engagement in private leisure activities/hobbies. 62/187 (33%) stayed the same and 8/187 (4%) had declined.
- **Increased access to services and support /improved ability to cope with practical tasks**
 - Work** – 153/189 (81%) indicated this as an issue, of these, 88/153 (58%) adults felt more able to seek and maintain employment, 53/153 (35%) stayed the same and 12/153 (7%) showed a decline.
 - Home Management** –171/189 (90%) indicated this as an issue, of these 103/171 (60%) clients said they were better able to manage their home such as cleaning, tidying, shopping cooking etc, 60/171 (35%) stayed the same and 8/171 (5%) showed a decline.
 - Parenting/looking after children** –104/189 (55%) indicated this as an issue, of these 62/104 (60%) adults felt better able to parent and look after their children, 31/104 (30%) stayed the same and 11/104 (10%) showed a decline.
 - Housing, finances, benefits** 152/189 (80%) indicated this as an issue, 88/152 (58%) of clients & staff recorded a positive or very positive impact on their management of housing, finances and benefits. 59/152 (39%) stayed the same and 5/152 (3%) showed a decline.
 - Police, criminal justice, court** – 131/189 (69%) indicated this as an issue, of these 91/131 (70%) felt more able to manage police, criminal justice and court proceedings. 35/131 (27%) stayed the same and 4/131 (3%) showed a decline.
 - Education and training** – 142/189 (75%) indicated this as an issue, of these 87/142 (61%) felt they had improved access to education, including applying for or attending courses. 48/142 (34%) had stayed the same and 7/142 (5%) had showed a decline.

6. INVESTMENT POLICY

Safety Net (UK) holds all of its funding in two bank accounts. It relies on a mix of grants and contracts for its income.

7. FINANCIAL REVIEW

7.1 Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

7.2 Funding

We have an agreed three-year business plan and budget. We are the commissioned providers of sexual assault counselling services in North and West Cumbria and as an established and thriving organisation; we have confirmation that the Police and Crime Commissioner for Cumbria will be rolling forward the SARC counselling contract for a further 12 months to April 2019. We have a mix of grant funding from National Lottery and Frances C. Scott Trust and have recently been granted funding for one year from Garfield Weston Foundation for 2018/19. We have three years funding from both Lloyds Bank Foundation and Henry Smith Charity and have just secured continuation funding for three years from Children in Need for 2018-21.

Safety Net (UK) is one of the main providers offering ongoing recovery and therapeutic support to domestic abuse victims and their families. There is an acute shortage of specialist therapeutic and recovery support for children and young people affected by sexual abuse and domestic violence. To secure funding to continue and develop these services, we are developing our community fundraising capacity and have outsourced assistance with submitting grant applications and tenders. Given our status as a Charitable Incorporated Organisation (CIO), in addition to traditional fundraising we can also trade to increase our social enterprise income over the next five years in support of our core service and build up our unrestricted funds.

Our current activity will continue. The charity has 95% of funding in place based on current level of activity for 2018/19.

7.3 Reserves policy

Our reserve policy is to retain unrestricted reserves balances of no less than 25% of the total operating costs for the year. Reserves as at 31st March 2018 were £247.8k of which the restricted reserves balances stood at £147.5k, with £100k of unrestricted reserves which is short by £17.5k (operating costs -see page 19- £470.5k @25%= £117.5k).

8. STRUCTURE, GOVERNANCE AND MANAGEMENT

8.1 Constitution

The charity as Safety Net Advice and Support Centre existed for 13 years but we changed our status from unincorporated association to become a Charitable Incorporated Organisation on 16th January 2017. This new entity, Safety Net (UK), has a legal personality and the ability to conduct business in its own name.

The Trustees and senior management team regularly review both the charity's governance and its policies and procedures on a rolling programme.

8.2 Method of appointment or election of Trustees

Safety Net (UK) has a strong and balanced Board of 6 Trustees with a range of relevant skills and experience. The strategic management and oversight of the charity is the responsibility of the Trustees who are elected or co-opted by the Trustee Board

8.3 Policies adopted for the induction and training of Trustees

Safety Net (UK) has an agreed staff and Trustee induction policy and check list. We provide induction training and ongoing staff/Trustee development days. We have a staff/Trustee policy handbook which is updated on a rolling basis. The charity has an annual strategy day and bi annual staff/Trustee training sessions. Staff and Trustees are appraised annually against agreed role descriptions and development plans.

8.4 Pay policy for senior staff

The pay structures of the organisation have been reviewed to ensure we manage to retain key staff and support our culture of continuous improvement. Salaries are competitive with other charities; we have introduced a five increment salary bands to ensure we are competitive with comparable employers, e.g. Local Authority and NHS, and to provide scope for movement and development within the agreed organisational roles.

8.5. Organisational structure and decision-making

The strategic management and oversight of the charity is the responsibility of the Trustees. Its senior management team consists of a Chief Officer, a Clinical Coordinator, two senior therapists and an Office Manager. Each Trustee has responsibility for a defined area of Safety Net (UK) activity and is available to senior management for consultation and advice. The Chief Officer, Office Manager and the Clinical Coordinator attend Board meetings.

8.6. Risk management

The following have been identified by Safety Net (UK) Trustees as the key risks facing the organisation. Our full risk assessment is reviewed at every meeting.

Risk:	Managed by:
Loss of significant funding	<ul style="list-style-type: none">• Organisation works hard to develop and maintain a diverse funding mix.• Energy is put into developing our community fund-raising capacity.

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	<ul style="list-style-type: none">• Our reporting to existing funders and commissioners is of a high standard.• Senior staff are well-networked and scan the horizon regularly for forthcoming changes to current funding streams.
Loss of key staff	<ul style="list-style-type: none">• Safety Net (UK) invests in its staff team, providing training and opportunities for professional and career development.• We have an excellent support and supervision structure.• We have excellent levels of staff retention – we seek to ensure Safety Net (UK) is a good place to work.
Competition from other providers	<ul style="list-style-type: none">• We are uniquely positioned working as we do with all genders and ages, across all forms of violence and abuse.• We have a flexible delivery model and are always over-subscribed. We work in a field where there is no shortage of need.
Damage to reputation	<ul style="list-style-type: none">• We have comprehensive policies and procedures which are live documents, supporting and structuring our day-to-day work.• We have an experienced and knowledgeable Board who know the organisation well and take an active governance role.

9. OUR FUTURE PLANS

- **Rolling out our pilot work in schools** – We see lots of scope to further extend our work into secondary schools across Cumbria, especially given future changes to the PHSE curriculum to include teaching on healthy relationships.
- **Consolidating our model** - We plan to manage increased referrals by greater provision of core trauma informed services and the introduction of group programmes. We will continue to review the model and develop the resources to support our work, we also want to develop online resources and materials to support our clients.
- **Developing the recovery community** - We aim to build a recovery community linked with local services and community groups, using our volunteer pool, many of whom are former service users, to run art and craft groups and other social and support groups linked to the wider community.
- **Building capacity** - We want to increase capacity to enable delivery to an additional 50-100 clients to meet increasing demand. This will be achieved via a managed and planned increase in staffing levels over the next three years, an increase in group work and the use of specially trained peer mentors/befrienders from our volunteer pool.
- **Increasing provision of our Tier 1 services, information, advice and advocacy** - We want to increase the capacity and intensity of our tier one intervention, to enable us to offer a service to more people, increasing existing provision.
- **Increasing provision of our Tier 2/3 services, support and therapy** – We want to be able to increase capacity to meet increasing demand for services.
- **Increasing outreach and community work** - We want to make sure that clients living in remote rural, and often more deprived, areas are offered the same level of service by working closely with

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community organisations such as Churches Together, Woman's Institutes, Village Hall Committees, Children's Centres and other groups.

- **Increasing our presence in West Cumbria** - We currently rent rooms in the west of the county and plan to raise the capital and revenue to have a dedicated space from which to work.
- **Introducing more group programmes** - We want to manage the increase in referrals and consequent waiting list by introducing therapeutic emotional resilience group work and therapeutic art work.
- **Developing volunteers and peer mentoring** – We want to work in partnership to offer peer mentoring training and volunteer opportunities. The aim is for volunteers to run the drop-in sessions, and support befriending, community fundraising and other community work.
- **Developing training and education functions** – We want to develop both internal and external training. We want to embed our delivery model and develop the training manual and resources to support our recovery program. We also want to develop external training programmes around trauma to deliver at least four external trauma-focused training sessions per year and offer bespoke training packages to partner organisations inside and outside the County.
- **Being innovative** - In terms of our most vulnerable children and young people, specifically those experiencing more severe trauma, we want to be innovative and test new therapies, for example equine therapy. In partnership with the Calvert Trust, which provides outdoor activities to enable people with disabilities to achieve their full potential, we are keen to combine their expertise in providing riding sessions for vulnerable children and young people to promote confidence, independence and self-motivation, with our own practical and therapeutic support.
- **Mixed income generation** – To enhance the organisation's resilience, we intend to increase income from community fundraising and other social enterprise activities. The planned mix is 10-15% community and social enterprise funding, 35 - 40% commissioning/ national funding (e.g. Police and Crime Commissioner and MOJ rape support grants), and 50% grant funding from charitable trusts, Big Lottery Fund, Children in Need, Community Foundation, Lloyds Bank Foundation, Garfield Weston, Frances Scott Trust and a range of smaller local trusts and foundations.
- **Strategy and policy** - We will also develop our strategy and policy presence on bodies across the county and the wider northern region and also develop our reputation as a Centre of Excellence for trauma recovery work for those affected by abuse and exploitation.
- **Longer term plans** – We believe there are opportunities for Safety Net (UK) to expand beyond Cumbria in the longer term, and we are looking at delivering in the North East or Borders where we know the demand exists and there are few services. We also want to work with partners in South Cumbria to develop schools work there and recovery and therapeutic services to domestic abuse victims.

10. TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

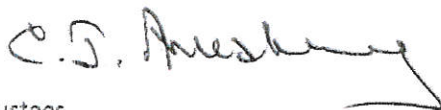
This report was approved by the Trustees, on:

Date: 18 September 2018

and signed on their behalf by:

Mr C J Armstrong,

Chairman of Safety Net (UK) Trustees



TRUSTEES' BIOGRAPHIES

All Trustees are community members not service users but they have insight and experience in relevant fields.

Chris Armstrong - Chairman

Chris is a solicitor with over 40 years' experience at a senior level in the criminal justice system, in the courts service and in probation, with particular interests in sentencing, the support of victims and the rehabilitation of offenders. As well as Safety Net (UK), Chris is a Trustee of Cumbria Victims Charitable Trust. Chris leads on governance issues.

Linda Vance – Vice-Chair

Linda has over 40 years' experience working in the legal sector, she was the divisional Crown prosecutor for North Cumbria, she was the Violence against Women's lead for Cumbria and has lectured on this. She was the area lead on Child Abuse and the Internet also training CPS lawyers in Cumbria and Lancashire on the Sexual Offences Act 2003 before they could handle rape and sexual abuse cases Linda was elected in 2012 to serve as Public Governor for the Cumbria partnership NHS trust, working on child services group and serious case reviews. She is also an independent member of the police and Crime Commissioners scrutiny panel for Cumbria. Her encompassing knowledge brings great depth to our service, Linda is the Staff Lead on the board of Trustees.

Carol Green

Qualified Social worker of over 30 years' experience, Carol is also a certified play therapist and has been a child protection officer within the NSPCC. Carol brings great insight and understanding having worked in the field and is the Safeguarding lead on the Board of Trustees.

Jo Scarlett

Jo has an extensive background in asset management and health and safety, she was also the manager of the Let Go Domestic Violence Service within Cumbria. This in-depth experience brings great understanding of the challenges and nuances of our service. Jo is the Health and Safety lead on the Board of Trustees.

Barbara Stephens

Barbara has had a long career in both the public and private sectors and has held a number of trustee and director positions in charities and not-for-profit businesses. She has particular experience in increasing diversity and equality of opportunity. Barbara is the Public Relations, Marketing and Social Media Lead on the Board of Trustees.

Georgina Martlew

Georgina worked as a public-sector Auditor for over 35 years. Now retired, she is an instructor with Riding for the Disabled and Treasurer of two other local charities. Georgina is the Treasurer of the Board of Trustees.

SAFETY NET (UK)
(A Charitable Incorporated Organisation)

**INDEPENDENT EXAMINER'S REPORT
FOR THE PERIOD ENDED 31 MARCH 2018**

Independent examiner's report to the Trustees of Safety Net (UK) (the 'charity')

I report to the charity's Trustees on my examination of the accounts of the charity for the Period ended 31 March 2018.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the accounts of the charity are not required to be audited under Section 144(1) of the 2011 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Certified Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 132(1) of the 2011 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Dated: 24 September 2018

Karen A Rae FCCA

Armstrong Watson Audit Limited
Carlisle

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SAFETY NET (UK) (A Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD ENDED 31 MARCH 2018

		Unrestricted Funds 2018	Restricted Funds 2018	Total Funds 2018	Total Funds Period 16 January 2017 to 31 March 2017
	Note	£	£	£	£
Income from:					
Donations, legacies and grants	2	1,800	475,718	477,518	232,735
Charitable activities	3	1,457	-	1,457	79,510
Other fundraising activities	4	24,597	-	24,597	
Total income		27,854	475,718	503,572	312,245
Expenditure on:					
Other fundraising activities		20,961	-	20,961	-
Charitable activities	5,6	541	449,043	449,584	97,421
Total expenditure	7	21,502	449,043	470,545	97,421
Net income before other recognised gains and losses		6,352	26,675	33,027	214,824
Net movement in funds		6,352	26,675	33,027	214,824
Reconciliation of funds:					
Total funds brought forward		80,023	134,801	214,824	-
Total funds carried forward		86,375	161,476	247,851	214,824

The notes on pages 21 to 31 form part of these financial statements.

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SAFETY NET (UK)
(A Charitable Incorporated Organisation)

REGISTERED NUMBER: 1164998

BALANCE SHEET AS AT 31 MARCH 2018

	Note	£	2018 £	£	2017 £
Fixed assets					
Tangible assets	10		12,721		17,278
Current assets					
Debtors	11	60,632		36,209	
Cash at bank and in hand		209,181		177,483	
		<u>269,813</u>		<u>213,692</u>	
Creditors:					
amounts falling due within one year	12	(34,683)		(16,146)	
Net current assets			<u>235,130</u>		<u>197,546</u>
Net assets			<u>247,851</u>		<u>214,824</u>
Charity Funds					
Restricted funds	13		161,476		134,801
Unrestricted funds	13		86,375		80,023
Total funds			<u>247,851</u>		<u>214,824</u>

The Trustees consider that the charity is entitled to exemption from the requirement to have an audit under the provisions of section 144(1) of the Charities Act 2011 ("the Act") and members have not required the charity to obtain an audit for the Period in question.

The Trustees acknowledge their responsibilities for complying with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees on 18/9/2018 and signed on their behalf, by:

.....
Mr C J Armstrong, Chairman

.....
Ms G Martlew, Trustee

The notes on pages 21 to 31 form part of these financial statements.

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SAFETY NET (UK) (A Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 MARCH 2018

1. Accounting policies

1.1 Charitable status

The charity is a charitable incorporated organisation. The members of the charity are the Trustees named on page 1. In the event of the charity being wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

1.2 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Safety Net (UK) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

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SAFETY NET (UK) (A Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 MARCH 2018

1. Accounting policies (continued)

1.5 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Office equipment	25% Reducing Balance
------------------	----------------------

1.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.8 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

1.10 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.11 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the Period.

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

1. Accounting policies (continued)

1.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2. Income from donations, legacies and grants

	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £	Total Funds Period 16 January 2017 to 31 March 2017 £
Donations	1,800	-	1,800	2,035
Funds transferred from a predecessor	-	-	-	216,449
Grants	-	475,718	475,718	14,251
Total donations and legacies	1,800	475,718	477,518	232,735
<i>Total 2017</i>	10,725	222,010	232,735	

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

	2018		Total Funds Period 16 January 2017 to 31 March 2017
	£		£
Donations			
Whitestuff Foundation	1,250	535	
Community Choices/Sellafield	-	1,000	
Keswick WI	-	500	
Funds transferred from a predecessor	-	216,449	
Churches Together	100	-	
Soroptimists	450	-	
	1,800		218,484
Grants Receivable			
BBC Children in Need (West)	35,295	14,251	
OPCC	138,553		
Francis C Scott	40,000		
Garfield Weston	20,000		
MOJ	87,625		
Victims' Trust	2,500		
Community Choices/Sellafield	49,000		
Cumbria Community Foundation	4,000		
Big Lottery Fund	92,545		
West Worker	3,700		
CKDC Children's Trust	2,000		
Proven Trust	500		
	475,718	14,251	
	477,518		232,735

3. Income from charitable activities

	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £	Total Funds Period 16 January 2017 to 31 March 2017 £
Other Income	1,457	-	1,457	79,510
<i>Total 2017</i>	-	79,510	79,510	

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SAFETY NET (UK) (A Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 MARCH 2018

4. Fundraising income

	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £	Total Funds Period 16 January 2017 to 31 March 2017 £
Fundraising	24,597	-	24,597	-

5. Expenditure

Charitable Activities providing Support and Advice Services

	Activities £	Total 2018 £	Total Funds Period 16 January 2017 to 31 March 2017 £
Freelance Worker Costs	-	-	6,611
Insurance	2,225	2,225	874
Telephone	2,507	2,507	751
Rent and services	12,607	12,607	4,794
Postage and stationery	5,248	5,248	677
Maintenance	4,635	4,635	1,653
Website	-	-	2,129
Recruitment expenses	473	473	11
Training costs	14,214	14,214	38
Travelling expenses	11,332	11,332	2,062
Volunteers' expenses	3,762	3,762	175
Miscellaneous expenses	6,869	6,869	851
Office equipment, licences and computer costs	12,168	12,168	-
Birchalls subcontractor for Cumbria PCC	55,015	55,015	19,807
Room hire	5,743	5,743	-
Bank charges	271	271	162
Wages and salaries	247,325	247,325	41,568
National insurance	20,930	20,930	2,101
Pension cost	7,006	7,006	2,022
Depreciation	4,557	4,557	949
	<u>416,887</u>	<u>416,887</u>	<u>87,235</u>
Total 2017	<u>87,235</u>	<u>87,235</u>	

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

6. Support costs

	Activities	Total 2018	Total Period 16 January 2017 to 31 March 2017
	£	£	£
Accountancy and independent examination	3,120	3,120	810
Legal and professional fees comprise bookkeeping, consultancy and certain IT related costs.	29,577	29,577	9,376
	32,697	32,697	10,186
Total 2017	10,186	10,186	

During the Period ended 31 March 2018, the charity incurred the following Governance costs: £32,697 (2017 - £ 10, 186) included within the table above in respect.

7. Analysis of Expenditure by expenditure type

	Staff costs 2018	Depreciation 2018	Other costs 2018	Total 2018	Total 2017
	£	£	£	£	£
Expenditure on raising voluntary income	-	-	20,961	20,961	-
Costs of raising funds	-	-	20,961	20,961	-
Support and advice services	275,261	4,557	169,766	449, 584	97,421
	275,261	4,557	190,727	470,545	97,421
Total 2017	45,691	949	50,781	97,421	

8. Net income/(expenditure)

This is stated after charging:

Activities	31 March 2018	Period 16 January 2017 to 31 March 2017
	£	£
Depreciation of tangible fixed assets: - owned by the charity	4,557	949

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

9. Staff costs

Staff costs were as follows.

Activities	31 March	Period 16
	2018	January 2017 to 31 March 2017
	£	£
Wages and salaries	247,325	41,568
Social security costs	20,930	2,101
Other pension costs	7,006	2,022
	<u>275,261</u>	<u>45,691</u>

The average number of persons employed by the charity during the Period was as follows:

Employees	31 March	Period 16
	2018	January 2017 to 31 March 2017
	No.	No.
	12	12

No employee received remuneration amounting to more than £60,000 in either year.

During the period key management remuneration (including trustees) amounted to £42,436 (2017 - £7,054).

During the period, no Trustees received any remuneration, benefits in kind or reimbursement of expenses (2017 - £nil).

10. Tangible fixed assets

	Office equipment
	£
Cost	
At 1 April 2017 and 31 March 2018	<u>18,227</u>
Depreciation	
At 1 April 2017	949
Charge for the Period	4,557
At 31 March 2018	<u>5,506</u>
Net book value	
At 31 March 2018	<u>12,721</u>
At 31 March 2017	<u>17,278</u>

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SAFETY NET (UK) (A Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 MARCH 2018

11. Debtors

	2018	2017
	£	£
Prepayments and accrued income	60,632	36,209

12. Creditors: Amounts falling due within one year

	2018	2017
	£	£
Trade creditors	5,241	-
Other taxation and social security	-	934
Accruals and deferred income	29,442	15,212
	34,683	16,146

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2017	Income	Expenditure	Transfers in/(out)	Balance at 31 March 2018
	£	£	£	£	£
Unrestricted funds					
General funds	80,023	27,854	(21,502)		86,375
Restricted funds					
Community Choice		49,000	(28,635)		20,365
Francis C Scott Charitable Trust (Carlisle)	23,846	40,000	(49,851)		13,995
Garfield Weston	50	20,000	(5,534)		14,516
Safety Net Fund	23,055		(7,634)	8,349	23,770
Victims' Trust		2,500	(2,315)		185
MOJ Rape Support Fund	4,093	87,624	(88,681)		3,036
Lottery	4,662	92,545	(92,895)		4,312
Children in Need	9,252	35,295	(35,789)		8,758
Lloyds	889			(889)	
OPCCN	7,460			(7,460)	
Police and Crime Commissioner for Cumbria	61,494	138,554	(135,584)		64,464
Equine Therapy		4,000	(2,125)		1,875
West Worker		3,700			3,700
CKDC Children's Fund		2,000			2,000
Proven Trust		500			500
	134,801	475,718	(449,043)	-	161,476
Total of funds	214,824	503,572	(470,545)	-	247,851

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 16 January 2017	Income	Expenditure	Transfers in/(out)	Balance at 31 March 2017
	£	£	£	£	£
Unrestricted funds					
General funds	-	10,725	(3,733)	73,031	80,023
Restricted funds					
The Henry Smith Charity	-	884	-	(884)	-
Francis C Scott Charitable Trust (West)	-	38	-	(38)	-
Francis C Scott Charitable Trust (Carlisle)	-	37,093	(13,247)	-	23,846
The Northern Rock Foundation	-	56,981	-	(56,981)	-
The Northern Rock Foundation	-	16,050	-	(16,050)	-
Garfield Weston	-	5,673	(5,623)	-	50
Safety Net Fund	-	17,796	-	5,259	23,055
Victims' Fund	-	1,523	-	(1,523)	-
MOJ Rape Support Fund	-	22,752	(18,659)	-	4,093
Lottery	-	25,636	(20,974)	-	4,662
Children in Need	-	17,197	(7,945)	-	9,252
Lloyds	-	889	-	-	889
OPCCN	-	7,460	-	-	7,460
Riverside	-	2,814	-	(2,814)	-
Police and Crime Commissioner for Cumbria	-	88,734	(27,240)	-	61,494
	-	301,520	(93,688)	(73,031)	134,801
Total of funds	-	312,245	(97,421)	-	214,824

Summary of funds - current year

	Balance at 1 April 2017	Income	Expenditure	Balance at 31 March 2018
	£	£	£	£
General funds	80,023	27,854	(21,502)	86,375
Restricted funds	134,801	475,718	(449,043)	161,476
	214,824	503,572	(470,545)	247,851

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

13. Statement of funds (continued)

Summary of funds - prior year

	Balance at 16 January 2017	Income	Expenditure	Transfers in/(out)	Balance at 31 March 2017
	£	£	£	£	£
General funds	-	10,725	(3,733)	73,031	80,023
Restricted funds	-	301,520	(93,688)	(73,031)	134,801
	-	312,245	(97,421)	-	214,824

Community Choices - Funding provided for one to one support and therapy, training, education, peer mentoring and promotion work around sexual and domestic abuse.

Francis C Scott Charitable Trust – Services to support the recovery of those affected by rape, sexual and domestic abuse across North and West Cumbria.

Garfield Weston - Funding received to provide Specialist Integrated Services to children, young people and adults who are victims and survivors of domestic and sexual abuse.

Safety Net Fund - This is an internal restricted fund and is an accumulation of the small balances of old restricted funds.

Victims' Trust – To support items or activities which will help victims cope and recover from the impact of their experiences.

MOJ Rape Support Fund - Funding received to provide direct and frontline support to female victims of rape and sexual violence aged 13 or over, residing in North and West Cumbria who are or have been, victims of rape and sexual violence as set out in the criteria of the fund.

Big Lottery Fund - The charity received grants to partly fund the project, clinical services co-ordinator, part time integrated family worker and a full time CEO. The grant also fully funds a full time administrator, full time children's practitioner and part time adult therapist.

Children in Need - Funding received for the salary of a Children and Young People's Practitioner delivering a trauma recovery service and interventions to CYP who have suffered Sexual Violence and online abuse and Domestic Violence.

OPCCN (Norfolk) - Child and Adult Victims of Sexual Abuse Support Fund - to provide support and therapy to people who have been affected by sexual violence.

Police and Crime Commissioner for Cumbria - Funding to provide a counselling service for victims of rape and serious sexual assault for Cumbria.

Equine Therapy - Funding to offer equine assisted therapy to young people across Carlisle, Allerdale, Copeland and Eden, to a group of clients who have a high level of complex needs.

West Worker, CKDC Children's Fund & Proven Trust - Funding provided for one Integrated Support Worker in West Cumbria, in connection with the schools project.

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SAFETY NET (UK)
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

14. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £
Tangible fixed assets	5,967	6,754	12,721
Current assets	97,544	172,269	269,813
Creditors due within one year	(17,136)	(17,547)	(34,683)
	86,375	161,476	247,851

Analysis of net assets between funds - prior year

	<i>Unrestricted Funds 2017 £</i>	<i>Restricted Funds 2017 £</i>	<i>Total Funds 2017 £</i>
Tangible fixed assets	8,105	9,173	17,278
Current assets	78,160	135,532	213,692
Creditors due within one year	(6,242)	(9,904)	(16,146)
	80,023	134,801	214,824

15. Pension commitments

The charity operates a defined contribution scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions of £7,006 (2017 - £2,022) were payable by the charity to the fund during the period. At the balance sheet date there were no contributions accruing.